

# How employable are you?



**You can get help & advice with looking for work or making yourself more employable from the following places –**

## National Careers Service

0800 100 900 or [www.nationalcareers.service.gov.uk](http://www.nationalcareers.service.gov.uk)

## English & Maths classes

Aspire Sussex Ltd 0345 6010 161 / [www.aspiresussex.org.uk](http://www.aspiresussex.org.uk)

## Greater Brighton Met College free courses for jobseekers

[www.gbmc.ac.uk/online-courses](http://www.gbmc.ac.uk/online-courses). Several locations.

## Community House get online, job applications & finding work

25 Dominion Road, Worthing BN14 8JZ, Mon – Fri 9am-5pm

## Find It Out centres for 13 – 25s in many areas

Find your local centre on [www.westsussex.gov.uk](http://www.westsussex.gov.uk)  
search Find It Out centres

## One Stop Junctions to get online & get advice & support

Find your nearest 01903 221400  
or 07917 515299 / [www.onestopjunction.org.uk](http://www.onestopjunction.org.uk)

## Websites for advice with cvs, careers, interview skills & more

[www.reed.co.uk](http://www.reed.co.uk) / [www.monster.co.uk](http://www.monster.co.uk) / [www.totaljobs.com](http://www.totaljobs.com)

Or talk to your work coach at the Jobcentre for more information & advice!